

High School Lunch Menu JANUARY 2020

No School No School 8 6 Sweet & Sour Chicken Pork Carnitas Tacos (1) Taste of Italy with Broccoli & Rice No School Chicken & Cheese Salad Spaghetti with Meat Chicken Baja Salad Sauce Honey Mustard Chicken Wrap All-American Sub ()

Chicken Caesar Salad
Italian Wrap •

Fish Sticks with Mac & Cheese
All-American Chef Salad

No School

Ham & Cheese Sub O

13

BBQ Twister Fry Cheeseburger Buffalo Chicken Salad Ham & Cheese Sandwich () 14

Egg, Cheese & Potato Breakfast Burrito (1) All-American Cobb Salad (2) Ranch Chicken Wrap 15

Chili with Roll
Vegetarian Baja Salad
Turkey & Cheese Sub

16

Chicken Penne Alfredo
Italian Salad
Southwest Chicken Wrap

17

BBQ Chicken Baked Potato Chicken Chef Salad Italian Sub 1

20

No School

21

Bacon, Egg & Cheese Melt •

New *Chicken Tamales*

Ham & Cheese Salad

Chicken Salad Wrap

22

& Cheese Melt
& Cheese Melt
NATIONAL SOUTHERN FOOD DAY
Chicken Drumstick with
Mac & Cheese
Chicken Baja Salad
All-American Sub

23

Bacon, Egg & Cheese Melt •

Cheese Ravioli (1)
Chicken Caesar Salad
Italian Wrap (1)

24

& Cheese Melt ()

Chicken Fried Steak
Turkey Chef Salad
Ham & Cheese Sub

27

Ranch Chicken Club Panini (1)

Mediterranean Salad (1)
Ham & Cheese
Sandwich (2)

28

New *Bean & Cheese
Papusas*
All-American Cobb Salad
Ranch Chicken Wrap

29

Baked Potato with Cheese & Bacon • Beef Taco Salad Italian Sub • • 30

Chicken Parmesan with Spaghetti Chicken Caesar Salad Ham, Turkey & Cheese Wrap • 2,

Super Bowl Special!Buffalo Wings

Egg Chef Salad Turkey & Cheese Sub

Offered Weekly:

Mon/Wed/Fri: Cheeseburger, Chicken Sandwich, Popcorn Chicken or Nuggets, Pizza Sticks ()

Tues/Thurs: Hamburger, Spicy Chicken Sandwich, Chicken Tenders or Nuggets, Black Bean Burger (1)

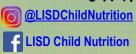
Daily: Pizza (Rotating Flavors) (1) (2), Sunbutter & Jelly Sandwich (1)

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)
*Menu subject to change

Denotes vegetarian item

Denotes pork item

STAY UP TO DATE







This institution is an equal opportunity provider.