



# High School Lunch Menu

## JANUARY 2020

		1 <b>No School</b>	2 <b>No School</b>	3 <b>No School</b>
6 <b>No School</b>	7 Pork Carnitas Tacos Chicken & Cheese Salad Honey Mustard Chicken Wrap	8 Sweet & Sour Chicken with Broccoli & Rice Chicken Baja Salad All-American Sub	9 <i>Taste of Italy</i> Spaghetti with Meat Sauce Chicken Caesar Salad Italian Wrap	10 Fish Sticks with Mac & Cheese All-American Chef Salad Ham & Cheese Sub
13 BBQ Twister Fry Cheeseburger Buffalo Chicken Salad Ham & Cheese Sandwich	14 Egg, Cheese & Potato Breakfast Burrito All-American Cobb Salad Ranch Chicken Wrap	15 Chili with Roll Vegetarian Baja Salad Turkey & Cheese Sub	16 Chicken Penne Alfredo Italian Salad Southwest Chicken Wrap	17 BBQ Chicken Baked Potato Chicken Chef Salad Italian Sub
20 <b>No School</b>	21 Bacon, Egg & Cheese Melt New *Chicken Tamales* Ham & Cheese Salad Chicken Salad Wrap	22 Bacon, Egg & Cheese Melt NATIONAL SOUTHERN FOOD DAY Chicken Drumstick with Mac & Cheese Chicken Baja Salad All-American Sub	23 Bacon, Egg & Cheese Melt Cheese Ravioli Chicken Caesar Salad Italian Wrap	24 Bacon, Egg & Cheese Melt Chicken Fried Steak Turkey Chef Salad Ham & Cheese Sub
27 Ranch Chicken Club Panini Mediterranean Salad Ham & Cheese Sandwich	28 New *Bean & Cheese Papasas* All-American Cobb Salad Ranch Chicken Wrap	29 Baked Potato with Cheese & Bacon Beef Taco Salad Italian Sub	30 Chicken Parmesan with Spaghetti Chicken Caesar Salad Ham, Turkey & Cheese Wrap	31 <b>Super Bowl Special!</b> Buffalo Wings Egg Chef Salad Turkey & Cheese Sub

**Offered Weekly:**

Mon/Wed/Fri: Cheeseburger, Chicken Sandwich, Popcorn Chicken or Nuggets, Pizza Sticks

Tues/Thurs: Hamburger, Spicy Chicken Sandwich, Chicken Tenders or Nuggets, Black Bean Burger

Daily: Pizza (Rotating Flavors) , Sunbutter & Jelly Sandwich

All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

\*Menu subject to change

Denotes vegetarian item

Denotes pork item

### STAY UP TO DATE

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